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The Role of Social Norms in Social Distancing during COVID-19

Déborah Martínez
Cristina Parilli
Carlos Scartascini
Alberto Simpser

Inter-American Development Bank
Department of Research and Chief Economist

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Déborah Martínez*
Cristina Parilli*
Carlos Scartascini*
Alberto Simpser**

* Inter-American Development Bank

** Instituto Tecnológico Autónomo de México (ITAM)

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Abstract

While effective preventive measures against COVID-19 are now widely known, many individuals fail to adopt them. This paper provides experimental evidence about one potentially important driver of compliance with social distancing: social norms. We asked each of 23,000 survey respondents in Mexico to predict how a fictional person would behave when faced with the choice about whether or not to attend a friend's birthday gathering. Every respondent was randomly assigned to one of four social norms conditions. Expecting that other people would attend the gathering and/or believing that other people approved of attending the gathering both increased the predicted probability that the fictional character would attend the gathering by 25%, in comparison with a scenario where other people were not expected to attend nor to approve of attending. Our results speak to the potential effects of communication campaigns and media coverage of, compliance with, and normative views about COVID-19 preventive measures. They also suggest that policies aimed at modifying social norms or making existing ones salient could impact compliance.

JEL classifications: D91; D90; I12; I18

Keywords: COVID19, Social norms, Social distancing, Normative expectations, Empirical expectations, Compliance

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1 Introduction

Since the COVID-19 pandemic began in early 2020, much has been learned about how infection can be prevented. In particular, social distancing and avoiding indoor gatherings have emerged as some of the most powerful and effective preventive behaviors (WHO, 2020). Despite the strength of the evidence on the dangers of close social contact (Frieden & Lee, 2020; Aschwanden, 2020), many people continue to gather with friends and to participate in social events (Miles, 2020; Shotsky, 2020; Holcombe & del Valle, 2020), which has helped the virus to potentially spread even to the highest political circles (Liptak, 2020; Margolin & Bruggeman, 2020). If the pandemic is to be contained, it is crucial to understand what drives people to engage in behavior that is inconsistent with the available scientific evidence and public health guidelines (Van Bavel et al., 2020).

The problem does not appear to be one of information or credibility, as survey evidence shows that most people agree that social gatherings ought to be avoided. As far back as May of 2020, 79.5% of survey respondents in the United States agreed that gatherings of 10 or more people should not be allowed (Center for Disease Control, 2020). In Mexico, the country where we conducted the present study, 82% of those surveyed in April of 2020 approved of the public health guidelines in place, which included restrictions on mass gatherings (Buendía & Laredo, 2020). According to our own data, 73% of people recognize that gathering in enclosed spaces, such as restaurants, represents a high risk for contracting COVID-19. Still, about 43% recognize having visited friends and family in their homes during the previous week.

In this article, we investigate the role of *social norms* on compliance with preventive behaviors—specifically with social distancing. We do so by conducting a survey experiment on more than 23,000 individuals in Mexico. The experiment consists of a vignette, described in the form of a story, depicting a fictional individual, *Mariana*, who has been invited to attend a friend’s birthday gathering and must decide whether or not to attend. This story portrays a situation that most Mexicans can relate to (birthday celebrations) and what the literature highlights to be individuals’ relevant reference network during the current pandemic (family and friends) (Goldberg et al., 2020). These social gatherings are also relevant because they have been shown to lead to superspreading events (Frieden & Lee, 2020; Aschwanden, 2020). The treatments randomly assign respondents to different social norms prompts, providing information on Mariana’s beliefs about: i) whether other invitees *will* attend the gathering (empirical expectations), and ii) whether other invitees *approve of* others’ attending the gathering (normative expectations). After being exposed to the social

norms prompt, respondents are asked to state whether they believe that Mariana will attend the gathering, and whether they believe that Mariana should attend the gathering.

We find that the prompt about whether others are likely to attend has a strong effect on the respondent’s prediction as to whether Mariana will attend the gathering or not. These findings are in line with prior findings, in settings other than the current COVID-19 pandemic, that individuals tend to conform to what they perceive is the prevailing behavior (Asch, 1951; Cialdini et al., 1990, 1991; Bicchieri, 2006; Cialdini et al., 2006; Lapinski et al., 2017). Interestingly, we find no effect of any of the treatments on respondent predictions about what Mariana *ought to* do: the overwhelming majority believe she should not attend.

2 Theoretical Background

It has long been argued that individual behavior is strongly influenced by what others do (*descriptive norms*) and what others approve of doing (*prescriptive or injunctive norms*) (Coleman, 1990; Parsons, 1991; Cialdini et al., 1991; Bicchieri, 2006; John et al., 2019). The literature accords different roles and effects to descriptive versus. injunctive norms (Bicchieri & Dimant, 2019). Descriptive norms indicate those cases in which you prefer to carry out an activity because you believe it meets your needs (unconditional preference) or because you expect others to do it (conditional preference). Injunctive norms indicate those cases in which you prefer to engage in an activity because you believe it is the right thing to do (unconditional preference), or because you expect others to engage in the activity and believe that others think that you should do so as well (conditional preference). In this latter case of conditional preference, choices and behaviors depend on both empirical expectations (what you believe others are doing) and normative expectations (what you believe others think you should do) (Bicchieri & Dimant, 2019).

In our setup, a social norm is a rule that maps empirical and normative expectations onto behaviors. A social norm is followed by individuals in a population “*on the condition that they believe that i) most people in their reference network conform to it (empirical expectation) and ii) that most people in their reference network believe they ought to conform to it (normative expectation)*” (Bicchieri & Dimant, 2019, p.5).

Both empirical and normative expectations have been shown to influence behavior. Policymakers, for example, have increasingly made use of social norms to nudge individuals in diverse contexts, with goals such as reducing medical prescriptions, increasing tax compliance, and reducing energy and water consumption (Coleman, 2007; Thaler & Sunstein,

2009; Allcott, 2011; Ferraro et al., 2011; Hallsworth et al., 2016; Bhanot, 2018), and social norms can also affect willingness to enforce and sanction violations (Schelling, 1960; Traxler & Winter, 2012; Acemoglu & Jackson, 2017).

Social norms could be extremely relevant for explaining and affecting behaviors during the current pandemic (Van Bavel et al., 2020; Lunn et al., 2020a). Goldberg et al. (2020) and Smith et al. (2020) find that an individual’s perceptions about how many others abide by social distancing correlate with the individual’s propensity to social distance herself, and the effect of social norms can be stronger on individuals lacking a sense of duty (Bourgeois et al., 2020). As people seek to conform or to imitate the behavior of others (Asch, 1951), news coverage of celebrities or political leaders failing to abide by, or criticizing, preventive behaviors (Miller et al., 2020; Blunt, 2020) could in fact reduce public compliance with such behaviors, as they might be “normalizing” them in the eye of the public (Ashforth & Anand, 2003; Bicchieri, 2016; Lindström et al., 2018). However, norm-based interventions and media coverage of events showing compliance with preventive behaviors can potentially help (Jiang et al., 2021). Still, it is worth noting that norm-based messages might not have any differential effect on the understating of COVID-19 guidelines (Bilancini et al., 2020) and that norm nudges need to include more than informative messages to be effective (Hume et al., 2020). These findings make it even more important to investigate how and why social norms would change people’s compliance with preventive behaviors in order to further refine future interventions and massive communication efforts.

Bicchieri et al. (2020) run a survey experiment similar to ours where normative and empirical expectations are randomly varied in a 2-by-2 schema, and respondents are then asked to predict the compliance of a fictional third party with social distancing. That study, like ours, finds that assignment to the condition with “high” normative and empirical expectations promoted compliance. However, our approaches differ in three important dimensions. First, instead of asking whether the third party would abide by *social distancing in general*, we confront the respondent with a *very specific scenario*: whether or not to attend the birthday party of a close friend. We believe that our approach is more concrete and therefore less prone to eliciting abstract responses colored by social desirability biases or demand effects. Second, instead of using a Likert scale we force a dichotomic yes/no response that mimics many social distancing choices: one can either attend a gathering or refrain from attending. Third, we elicit both predicted behavior and respondent normative views, which allows us to study whether any effects on (predicted) behavior might be underpinned by, or correlated with, effects on normative assessments.

Our paper builds on a recent but strong behavioral literature studying behaviors associated with the current COVID-19 pandemic that attempts to promote preventive behaviors and a more effective pandemic response (Van Bavel et al., 2020). Capraro & Barcelo (2020b) shows that individuals primed with “reasoning” messages are more willing to wear face masks than those primed to “rely on their emotions,” which points out that people’s compliance can be increased if they are not driven by emotions in their decision-making. Lunn et al. (2020b) shows that highlighting the risks associated with not following social distance have a larger effect than providing information. Everett et al. (2020) highlights that a “deontological” message, based on people’s duty to do the right thing for their families and friends, seems to be more effective than utilitarian or moral messaging. Along this line, Capraro & Barcelo (2020a), Heffner et al. (2020), and Jordan et al. (2020) findings are also consistent with the idea that prosocial motivation is effective in promoting intention to comply with preventive behaviors, particularly if they are able to develop individuals’ empathy towards those more vulnerable to being infected (Pfattheicher et al., 2020).

These findings are relevant, as they allow us to understand how individuals perceive and act according to the consequences of their own personal actions on others. Thus, this lays the groundwork to go even further and also understand how individuals react when faced with the behavior of others—that is, how perceived social norms can change individuals’ behavior even if they were personally willing to comply with preventive measures due to prosocial motives. Can the perception of what others do and approve of change individuals’ intentions of complying with public health guidelines? Our study aims to contribute to the related literature and complement other similar studies conducted during the pandemic.

3 Methods

3.1 Participants

Our survey experiment was part of a broader COVID-19-focused survey in Mexico, approved by the IRB of the Instituto Tecnológico Autónomo de México (ITAM) on July 1, 2020, under the name “Social and Behavioral Drivers of Individual Compliance with Preventive Measures during the COVID-19 Epidemic in Mexico” (memorandum letter of approval available upon request from the authors). The questionnaire was pre-tested on a small sample of colleagues and acquaintances, and subject to the IRB’s recommendations. Survey respondents were recruited through a Facebook ad campaign and a separate email campaign. The Facebook ad campaign targeted a general audience composed of individuals over 18 years of age living

in the Mexican states of Sonora and Guanajuato. The campaign was associated with the official Facebook account of the Inter-American Development Bank (IDB), and it was run by the Knowledge, Innovations and Communications Department of the IDB. The ads can be found in the online supplementary information (Figure A3).

The campaign took place between July 7 and July 21, 2020. The second recruitment channel consisted of an email sent by various secretaries of the Guanajuato state government in Mexico, using their email distribution lists on Senty. The list of secretaries that participated in this recruitment process by providing their contact lists are the following: the Secretary of Economic Development, Secretary of Tourism, Secretary of Health and Secretary of Education. This email campaign consisted of two rounds of invitations that took place on July 10 and July 17, 2020 and no exclusion criteria were applied.

The Facebook ads directed respondents to a dedicated project webpage within the IDB website where respondents were able to access the baseline survey. The invitations from the government secretaries did not direct respondents to the dedicated project webpage within the IDB website, instead leading respondents directly to the baseline survey. The baseline survey itself stated on the welcome page that participation was voluntary and that respondents could end the survey at any time and for any reason. It also stated that only those who were at least 18 years of age should respond, even though neither the survey nor the treatments contain any age-inappropriate content. At the end of the survey, we asked respondents whether the individual recommended using her responses in our analysis or not according to how confident the person felt about the quality of the responses. We made clear that there were no consequences if the individual selected “Do not use.” A total of 52,507 people clicked on the Facebook ad, yielding 15,542 complete and usable surveys. 14,059 people clicked on the email ad, yielding 7,642 complete and usable surveys. For purposes of the present study, we pooled all usable survey responses from both recruitment channels, for a total of 23,184 respondents.

The first column of Table 2 provides basic descriptive statistics for the control group (these should be close to sample means due to randomization of treatment assignment.) The average respondent is female (66%), completed secondary education (about 58% of the individuals in the sample have completed secondary education or higher), and reported knowing someone who had previously been exposed to COVID-19 (65%), and someone who has died of COVID-19 (58%). About 12% of the sample reported having attended a party in the last 7 days, 43% reported having visited family members in the last 7 days, 74% reported that it is risky to perform activities in enclosed spaces such as gyms or restaurants,

and 36% think that their neighbors keep social distance from others. The population in our sample seems to be more female and more educated than the average Mexican person as per the latest available Mexican Population Census. For example, while in our sample 66% of the respondents are female, they are only 51% in the overall population. Moreover, while the share of Mexicans with superior (post-secondary) or university education is about 22%, it is around 50% in our sample. We cannot precisely estimate age in our sample because respondents were asked to select an age bracket. Our median respondent is in the category [25-39], and the median Mexican person is 29 years old. However, we can estimate that our sample may under-represent older individuals. In Mexico, about 15% of the population is 55 years or older, while it is slightly higher than 10% in our sample (by design, we do not sample minors) (Mexican census and demographic data are available from INEGI at <https://www.inegi.org.mx/>). As such, our recruitment method may be under-sampling older and less educated individuals who may be less likely to use computers or smartphones, or respond to Facebook ads. In spite of the differences between our sample and the general population, we have no strong reasons to believe that it affects the external validity of the results.

3.2 Experimental Design

The experiment consists of a vignette included in the survey depicting a fictional individual, *Mariana*, who has been invited to attend a friend’s birthday gathering and must decide whether or not to attend. The vignette is reproduced below. The first paragraph is common to all respondents, while the second paragraph is the experimental prompt. Four different versions of the experimental prompt, and a control condition, were randomized across respondents:

Mariana lives in Sonora and has been following the public health guidelines related to the current Coronavirus pandemic. A friend invited Mariana and 20 other friends to her birthday party inside her house.

Mariana knows that her friends think that *[it is]/[it is not]* right to attend, *[and]/[but]* *[only a few of them]/[most of them]* will show up.

The experimental prompts focus on Mariana’s reference network (i.e., her friends), as prior research has outlined the importance of one’s reference network in shaping one’s behavior (Hogg et al., 2004; Rimal & Real, 2005; Latkin et al., 2009; Latkin & Knowlton,

2015; Bicchieri et al., 2018; Bicchieri & Dimant, 2019). It is also important to note that our vignette explicitly describes Mariana’s “type” as somebody who complies with public health guidance. Making this information explicit could potentially dampen the effect of our treatments (since it provides information on Mariana’s unconditional preferences for social distancing), but at the same time it controls for a potential source of unnecessary variation in respondent priors.

Table 1 describes the 2-by-2 experimental design that results from randomizing the empirical and normative expectations prompts. The horizontal dimension varies the content of the empirical expectation (few or most will attend), while the vertical axis that of the normative one (friends consider it appropriate vs. not appropriate to attend). Following Bicchieri et al. (2020), our treatment conditions are labeled T1(H/H), T2(H/L), T3(L/H), T4(L/L):

Table 1: Treatments and Expectations

		<i>Friends who will attend the party (empirical)</i>	
		Few	Most
<i>Friends believe attending the party is appropriate (normative)</i>	No	T1 (High/High):	T2 (High/Low):
	Yes	T3 (Low/High):	T4 (Low/Low):

Table 2 describes the balance on covariates measured before the experimental vignette was presented. Judging on the basis of balance on observables, the randomization was successful, as the hypothesis that covariate means are equal across treatment conditions is only rejected twice ($p < 0.1$) out of 39 comparisons.

Our outcome variables come from two questions asked immediately following exposure to the vignette: i) whether the respondent thinks that Mariana will or will not attend the gathering, and ii) whether the respondent approves or does not approve of Mariana attending the gathering.

Following the literature (Cialdini et al., 1991; Bilancini et al., 2020; Bicchieri et al., 2020), our main hypothesis is:

H1: Those exposed to high empirical and normative expectations (T1) will be

more likely to predict that Mariana will social distance and refrain from attending the gathering than respondents exposed to the low empirical and normative expectations (T4).

Exante, we remain agnostic about the relative effects of the “incongruent” sets of expectations in treatments T2 (high empirical expectations and low normative expectations) and T3 (low empirical expectations and high normative expectations), as do Bicchieri et al. (2020).

4 Estimation Strategy

We estimate the following linear probability model on the outcome data:

$$y_i = \alpha + \beta T_{2-4} + \lambda X_i + u_i, \quad (1)$$

where y_i is the value of a dependent variable for respondent i ($0 =$ will not / should not attend, $1 =$ will / should attend), and T_{2-4} is an indicator variable taking the value of 1 when i was assigned to any of treatment branches 2, 3, or 4, with T_1 as the reference category. The coefficient β represents the difference in the mean value of the dependent variable between those assigned to treatments 2, 3, or 4, on the one hand, and those assigned to Treatment 1. X is a vector of controls. It includes all observable characteristics available from the survey: age, female, education, exposed to COVID, Death due to COVID, Older than 65 living at home, had H1N1 in the past, perception about the probability of infection, and the probability of ending up in the hospital, whether the individual or a family member went to a party or visited family in the last 7 days, their perception about how risky it is to be inside, and their evaluating regarding how well neighbors comply with social distancing guidelines. We additionally estimate specifications with separate indicator variables for each of the treatment conditions:

$$y_i = \alpha + \beta_2 T_2 + \beta_3 T_3 + \beta_4 T_4 + \lambda X_i + \nu_i, \quad (2)$$

where T_j are indicator variables for treatment assignment to treatments $j = 2, 3, 4$. In this case, the coefficients β_j estimate average treatment effects of Treatment j in comparison with the reference Treatment 1. The main coefficient of interest is β_4 , which measures the difference between the scenario where Mariana expects few friends to attend the gathering and few to approve of attending (T1) versus one where Mariana expects many to attend and

many to approve of attending (T4). X is a vector of controls, as already described. Both equations estimate intent-to-treat effects.

5 Results

Predicted attendance. Columns 1-4 of Table 3 display the results for the dependent variable concerning respondents' predictions about whether Mariana *will or will not* attend the gathering. The first column presents estimates of equation 1 without control variables. Respondents assigned to scenarios T2, T3, or T4 on average expected that Mariana would be about 7 percentage points ($p < .01$) more likely to attend the gathering than those assigned to T1, the scenario where Mariana expected few friends to attend and few friends to approve of attending. This is a large effect, equivalent to 28% of the predicted probability that Mariana would attend in the reference category T1. The estimated β is very similar—in fact slightly larger—when adding a battery of individual-level controls (column 2), state fixed effects (column 3), or municipality fixed effects (column 4) .

Figure 1 displays the respective marginal effects of the joint treatment variable and the control variables. The panel on the left corresponds to the specification in column 2 of Table 3. The probability of responding that Mariana will attend the party decreases with respondent age (3 pp per age category), and it is lower for female respondents (4 pp). As one might expect, the prediction is also lower for respondents who believe the risk of indoor contagion is high (4 pp), and for those who report that their neighbors practice social distancing (4 pp). On the contrary, the predicted probability that Mariana will attend increases for respondents who report having attended a party themselves in the last week (10 pp), and for those who report having visited friends or family recently (5 pp).

The lower part of the Table 3 shows estimates from equation 2. The key coefficient is β_4 , as it represents a test of hypothesis $H1$. The estimated value of β_4 is about 7 percentage points ($P < .01$), implying that assignment to the low normative and low empirical expectation vignette (T4) increases the predicted likelihood of answering that Mariana will attend the gathering, in comparison with T1 (the high normative and empirical expectations treatment), by about 25%. This effect is very large and is consistent with hypothesis $H1$, that those exposed to low empirical and normative expectations (T4) will be more likely to predict that Mariana will not social distance compared to those who are exposed to high empirical and normative expectations (T1). Figure 2 shows the coefficients in graphical terms. The last four rows of Table 3 show the p-value of a test of equality of coefficients (Wald test) for

evaluating the differences between T1 and T4, and the “incongruent” (Bicchieri et al., 2020) treatments. Results show that the coefficient for T2, β_2 is higher and is statistically different than those for T3 and T4 β_3 and β_4 , ($p < 0.01$). β_3 is lower but not statistically different than β_4 . We discuss the implications of these results in the next section.

Respondent approval of attending. Columns (5)-(8) in Table 3 display estimates for our second dependent variable: respondent views on whether Mariana *should or should not attend* the party. In models 1 and 2, and in all specifications, we find that the effect is a precisely estimated zero. Treatment arms are not statistically different from each other either. While we can only speculate about the reason behind this result, one possibility is that it reflects a ceiling effect: almost every respondent, regardless of treatment assignment, expressed the view that Mariana should not attend. This is consistent with the universal approval of preventive guidelines documented in surveys of the Mexican public. It also suggests that there is a disconnect between such approval and actual behavior, or between approval and the predicted behavior of others. Clearly, however, our results lend no support to the possibility that the effects we find on predicted behavior are mediated by effects on normative views about such behavior.

6 Discussion

Even as COVID-19 infection rates are again on the rise in many countries, lockdown fatigue has set in and opposition to social distancing measures is stronger than ever. Voluntary compliance, therefore, is of paramount importance. Our results suggest that policies that harness social norms to that end could be of help.

Specifically, our study shows that predicted compliance with social norms is greatest when the fictional character in the vignette, Mariana, i) expects few of her friends to attend, and ii) believes few of her friends would approve of her attending. Whenever either of these conditions fails to hold (or both do), predicted attendance rises significantly. In other words, both high empirical and high normative expectations appear to be necessary to increase compliance with social distancing. This suggests that norms-based information campaigns can be more effective by targeting both kinds of expectations. It also suggests that undermining compliance is easier than sustaining it, as reducing either empirical or normative expectations suffices—in our study—to discourage social distancing.

Our results provide mixed support for various ideas in the literature on the relative importance of normative versus empirical expectations. On the one hand, comparing the effects

of treatment branches T2 (high empirical, low normative) versus. T3 (low empirical, high normative) suggests that empirical expectations matter more than normative expectations, as claimed in Bicchieri & Xiao (2009). At the same time, the estimated effect of treatment T4 (high empirical, high normative) is smaller in magnitude than, and statistically different from, that of treatment T2. This is surprising, since one might expect that when normative and empirical expectations are aligned (T4), the effect on behavior should be larger—yet this is not what we find. We take our results on the mixed treatments (T2 and T3) as an indication that empirical and normative expectations may interact in ways that are poorly understood (perhaps some form of crowding out is at work) and merit further research.

Our study design, of course, has limitations. First, it is not obvious that the intensity of treatment is comparable across arms: it could be that changes in the perceived empirical expectations are greater than a change in normative expectations. Second, our results ought to be interpreted in the context of the fact that Mariana is said, in the vignette, to generally comply with public health guidelines. Therefore, respondents may infer that Mariana may care more about what her friends like her do (T1 and T2) than those friends who do not think like her (T3 and T4). Lastly, our estimations are based on the perception of participants on how others (Mariana) would behave in this scenario. We therefore cannot assure that participants would act similarly if they found themselves in a similar position.

Our findings contribute to the general research on the relationship of social norms with behavior and are relevant for the design of communication strategies in both the public and private sectors. Highlighting that others are not complying is likely to reduce compliance, and this could be an unintended byproduct of news coverage of noncompliance. Politicization of the guidelines, and active and public repudiations of norms, can also lead to further erosion of compliance. Additionally, targeting normative expectations—what people ought to be doing—will likely not suffice to induce the desired behaviors unless people also expect others to comply. Thus, information highlighting others' compliance and targeting normative expectations at the same time are likely to play an essential role in any successful information campaign seeking to encourage individuals to adopt preventive behaviors.

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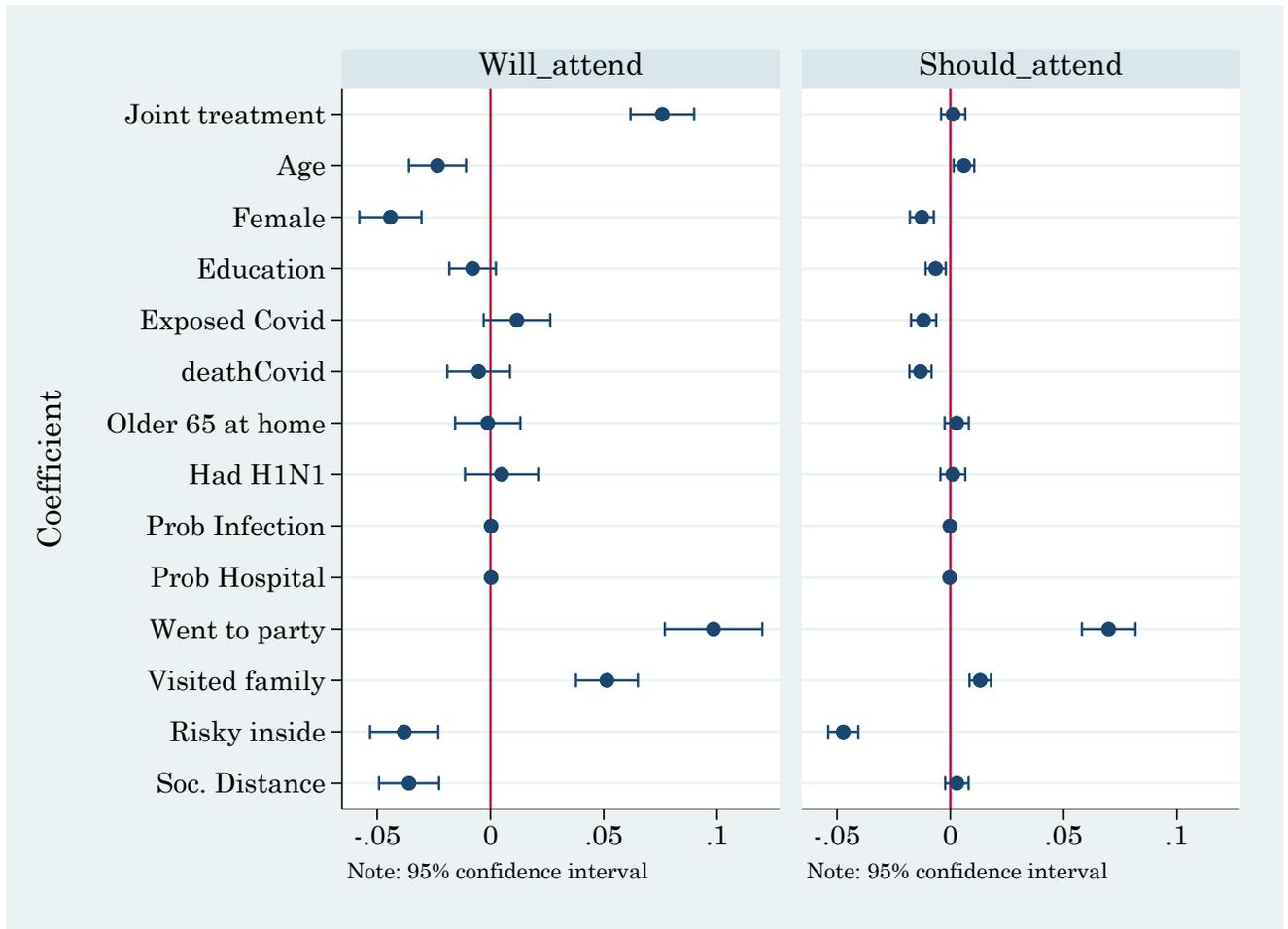
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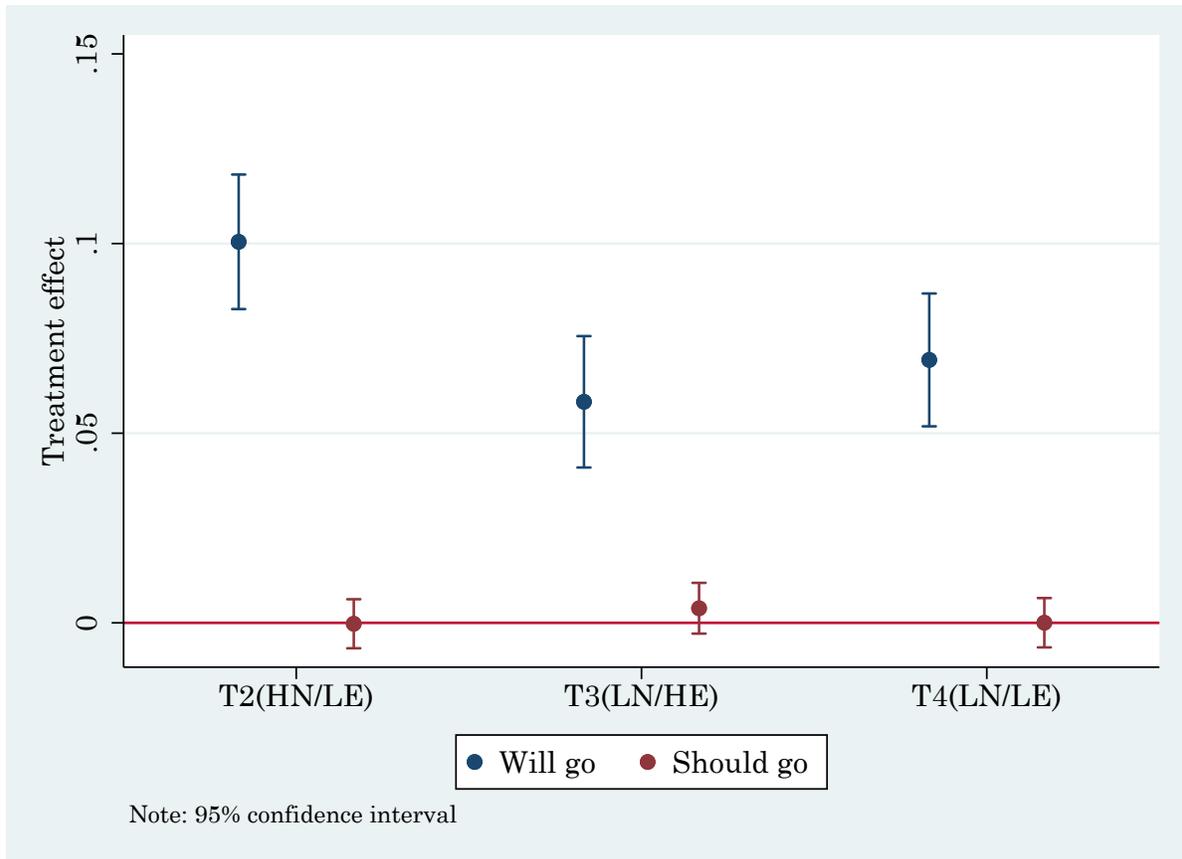
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Figure 1:
Treatment Effects: Joint Treatment and Controls



Notes: This figure shows the coefficients for the joint treatment variable and the coefficients for the control variables. It corresponds to columns [2] and [6] in Table 3.

Figure 2:
Treatment Effects



Notes: This figure shows the treatment effects for the two dependent variables. They correspond to columns [2] and [6] in Table 3.

Table 2: Balance Table

	T1	Diff w.r.t. T1 (coeff and s.e.)			p-value Wald test equality coefficients				Sample Size
	(av and s.d.) [1]	T2 [2]	T3 [3]	T4 [4]	T2=T3=T4 [5]	T2=T3 [6]	T2=T4 [7]	T3=T4 [8]	[8]
<i>Age (group)</i>	1.429 (0.007)	-0.011 (0.010)	-0.006 (0.010)	-0.000 (0.010)	0.585	0.610	0.301	0.598	22,896
<i>1.Female</i>	0.660 (0.006)	0.003 (0.009)	0.004 (0.009)	-0.001 (0.009)	0.799	0.835	0.655	0.511	23,184
<i>Education (group)</i>	2.580 (0.009)	0.021* (0.012)	0.008 (0.012)	0.018 (0.012)	0.548	0.293	0.803	0.427	22,925
<i>1.Exposed Covid</i>	0.649 (0.006)	0.006 (0.009)	0.008 (0.009)	0.003 (0.009)	0.805	0.758	0.726	0.510	22,625
<i>1.Death Covid</i>	0.576 (0.006)	-0.000 (0.009)	-0.000 (0.009)	0.002 (0.009)	0.958	0.994	0.803	0.796	23,184
<i>1.Older 65</i>	0.265 (0.006)	-0.003 (0.008)	-0.002 (0.008)	-0.004 (0.008)	0.960	0.917	0.859	0.777	23,093
<i>1.Exposed H1N1</i>	0.186 (0.005)	0.010 (0.007)	0.008 (0.007)	0.012* (0.007)	0.832	0.730	0.796	0.546	23,184
<i>Prob Infection</i>	51.344 (0.375)	-0.062 (0.532)	0.206 (0.528)	0.098 (0.534)	0.879	0.613	0.765	0.839	22,964
<i>Prob Hospital</i>	45.429 (0.336)	0.080 (0.474)	-0.317 (0.470)	-0.320 (0.476)	0.621	0.397	0.398	0.993	22,988
<i>1.Attend Party</i>	0.125 (0.004)	-0.006 (0.006)	-0.001 (0.006)	-0.002 (0.006)	0.701	0.429	0.521	0.885	23,087
<i>1.Visit</i>	0.428 (0.007)	-0.008 (0.009)	0.005 (0.009)	-0.014 (0.009)	0.116	0.183	0.478	0.0411	23,085
<i>1.Risky Inside</i>	0.734 (0.006)	0.005 (0.008)	-0.002 (0.008)	0.002 (0.008)	0.665	0.367	0.672	0.635	23,184
<i>1.Social Distance</i>	0.360 (0.006)	0.008 (0.009)	-0.008 (0.009)	-0.004 (0.009)	0.189	0.080	0.184	0.681	23,098

Notes: Each row shows statistics for a different observable variable we have. Column [1] shows the sample average and the standard deviation in parenthesis for the control group -in this case, individuals in T1. Columns [2]-[4] shows the regression coefficient and the standard error in parenthesis corresponding to an OLS regression -observable is the dependent variable and the treatment variables are the independent ones. Standard errors are robust. *** p<0.01, ** p<0.05, * p<0.1

Columns [5]-[8] shows the p-value of a test of equality of coefficients. Column [9] shows the sample size for each regression. Variables [Age] and [Education] are tabulated according to ranges; as such they are categorical, with a higher category number referring to an older age and more years of education, respectively. 1.x refers to dummy variables.

Source: Authors' calculations

Table 3: Treatment effects

	Mariana will attend				Mariana should attend			
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
T (T2+T3+T4)	0.073*** (0.007)	0.076*** (0.007)	0.076*** (0.007)	0.077*** (0.007)	0.001 (0.003)	0.001 (0.003)	0.002 (0.003)	0.002 (0.003)
Constant	0.264*** (0.006)	0.321*** (0.020)	0.381*** (0.066)	0.339*** (0.041)	0.033*** (0.002)	0.107*** (0.009)	0.142*** (0.033)	0.129*** (0.020)
T2	0.098*** (0.009)	0.100*** (0.009)	0.100*** (0.009)	0.101*** (0.009)	-0.002 (0.003)	-0.000 (0.003)	-0.000 (0.003)	0.001 (0.003)
T3	0.055*** (0.009)	0.058*** (0.009)	0.058*** (0.009)	0.059*** (0.009)	0.004 (0.003)	0.004 (0.003)	0.004 (0.003)	0.005 (0.003)
T4	0.067*** (0.009)	0.069*** (0.009)	0.070*** (0.009)	0.071*** (0.009)	-0.000 (0.003)	0.000 (0.003)	0.000 (0.003)	0.001 (0.003)
Constant	0.264*** (0.006)	0.322*** (0.020)	0.378*** (0.067)	0.338*** (0.041)	0.033*** (0.002)	0.107*** (0.009)	0.143*** (0.033)	0.129*** (0.020)
Observations	21,882	20,511	20,511	20,511	22,744	21,264	21,264	21,264
Controls	No	Yes	Yes	Yes	No	Yes	Yes	Yes
Fixed Effects	No	No	State	Municipality	No	No	State	Municipality
T2=T3=T4	0.000	0.000	0.000	0.000	0.189	0.412	0.394	0.437
T2=T3	0.000	0.000	0.000	0.000	0.076	0.229	0.208	0.220
T2=T4	0.001	0.001	0.001	0.001	0.675	0.935	0.887	0.808
T3=T4	0.192	0.228	0.202	0.198	0.180	0.263	0.266	0.328

Notes: The first block shows the results for the joint treatments. The second block for each treatment individually. Each row shows the regression coefficients and the standard error in parenthesis corresponding to an OLS regression. Dependent variables take the value 0-1. Standard errors are robust. *** p<0.01, ** p<0.05, * p<0.1.

Controls include: sex, age, education, exposed to Covid, death to Covid, older than 65 at home, knows infected H1N1, belief about infection probability, belief about hospitalization probability, attends party, visits family, risk inside evaluation, and others practice social distancing.

Source: Authors' calculations

A Appendix: survey questions

Variable	Values	Preguntas y Respuestas	Questions and Answers
Welcome		<p>¡Bienvenido/a y gracias por participar!</p> <p>Este es un estudio llevado a cabo por el Banco Interamericano de Desarrollo (BID) y el Instituto Tecnológico Autónomo de México que nos ayudará a comprender mejor la epidemia del Coronavirus. El BID se encarga de apoyar el desarrollo de países como México, por lo que tus respuestas serán un insumo importante para formular soluciones a los retos de la pandemia.</p> <p>El cuestionario toma 10 minutos. Todas tus respuestas son confidenciales y se utilizarán exclusivamente para propósitos de investigación científica.</p> <p>Tu participación es voluntaria y la puedes terminar en cualquier momento y por cualquier razón. Al final de esta breve encuesta tendrás oportunidad de elegir si deseas participar en la siguiente fase del estudio.</p> <p>Al hacer click sobre la flecha que aparece abajo, confirmas tener 18 o más años de edad.</p> <p>¡Muchas gracias por participar!</p>	<p>Welcome and thank you for participating!</p> <p>This is a study carried out by the Inter-American Development Bank (IDB) and the Instituto Tecnológico Autonomo de Mexico that will help us better understand the Coronavirus epidemic. The IDB is responsible for supporting the development of countries like Mexico, so your responses will be an important input in formulating solutions to the challenges of the pandemic.</p> <p>The questionnaire takes 10 minutes. All your answers are confidential and will be used exclusively for scientific research purposes.</p> <p>Your participation is voluntary and can be terminated at any time and for any reason. At the end of this short survey you will have the opportunity to choose if you want to participate in the next phase of the study.</p> <p>By clicking on the arrow below, you confirm that you are 18 years of age or older.</p> <p>Thank you very much for participating!</p>
Female	0 Femenino 1 Masculino 5 Otro 6 No sé / prefiero no responder	<p>¿Cuál es tu género?</p>	<p>What is your gender?</p> <p>Female Male Other I don't know / I prefer not to answer</p>
Age (group)	1 18-24 2 25-39 3 40-55 4 55-64 6 65+ 7 No sé / prefiero no responder	<p>¿Cuál es tu edad?</p>	<p>How old are you?</p> <p>18-25 25-40 40-56 55-65 65+ I don't know / I prefer not to answer</p>
Location		<p>¿En qué estado y municipio vives?</p> <p>Estado Municipio</p>	<p>In what state and municipality do you live in?</p> <p>State Municipality</p>
Education (group)	1 No fui a la escuela 2 Primaria 3 Secundaria 4 Preparatoria 5 Superior o universitaria 6 Maestría u otro nivel más avanzado 7 No sé / prefiero no responder	<p>¿Cuál fue el último nivel educativo que completaste?</p>	<p>What was the highest level of education you completed?</p> <p>I did not go to school Primary Secondary High School Higher or university Master's degree or another more advanced level I don't know / I prefer not to answer</p>
Older 65	1 Sí 2 No 3 No sé / prefiero no responder	<p>Incluyéndote a ti, ¿en este momento vive en tu hogar algún adulto mayor de 65 años?</p>	<p>Including you, is there an adult over 65 living in your household at this time?</p> <p>Yes No I don't know / I prefer not to answer</p>
Exposed H1N1	1 Sí 2 No 3 No recuerdo / No sé	<p>Durante la crisis del virus de influenza H1N1 en el verano del año 2009 en México, ¿tú o alguien que conoces se enfermaron del virus?</p>	<p>During the H1N1 influenza virus crisis in the summer of 2009 in Mexico, did you or someone you know become ill with the virus?</p> <p>Yes No I don't remember / I don't know</p>

Variable	Values	Preguntas y Respuestas	Questions and Answers
Start of Block: Perceptions			
Prob. Infection	0-100	En tu opinión, ¿qué tan probable es que tú te contagies de Coronavirus en los siguientes 6 meses? Barra deslizante: variable continua 0=Nada probable 100= Sumamente probable Barra deslizante: 0-100	In your opinion, how likely is it that you will get Coronavirus in the next 6 months? Sliding bar: continuous variable 0=Not likely 100= Highly probable Sliding bar: 0-100
Prob. Hospital	0-100	En tu opinión, si una persona de tu edad se contagia de Coronavirus, ¿qué tan probable es que termine hospitalizado/a? Barra deslizante: variable continua 0=Nada probable 100= Sumamente probable Barra deslizante: 0-100	In your opinion, if a person your age is infected with Coronavirus, how likely is it that they will end up hospitalized? Sliding bar: continuous variable 0=Not likely 100= Highly probable Sliding bar: 0-100
Exposed COVID-19	1 2 4	¿Tú o algún amigo, familiar o colega tuyo han tenido Coronavirus? 1 Sí 2 No 4 No sé / prefiero no responder	Have you or a friend, relative or colleague of yours had Coronavirus? Yes No I don't know / I prefer not to answer
Death COVID-19	1 2 4	¿Conoces a alguien que haya muerto por Coronavirus? 1 Sí 2 No 4 No sé / prefiero no responder	Do you know someone who has died from Coronavirus? Yes No I don't know / I prefer not to answer
Start of Block: Risk Perception			
Risky Inside Restaurant	1 2 3 4	Ahora piensa en el riesgo de contagio. ¿Qué tan riesgoso crees que es ir a comer a un restaurante cerrado? 1 Riesgo alto 2 Riesgo medio 3 Riesgo bajo 4 No sé / prefiero no responder	Now think about the risk of contagion. How risky do you think it is to eat at an indoor restaurant? High risk Medium risk Low risk I don't know / I prefer not to answer
Risky Inside Office	1 2 3 4	Ahora piensa en el riesgo de contagio. ¿Qué tan riesgoso crees que es ir a trabajar a la oficina con todos los colegas? 1 Riesgo alto 2 Riesgo medio 3 Riesgo bajo 4 No sé / prefiero no responder	Now think about the risk of contagion. How risky do you think it is to go to work at the office with all your colleagues? High risk Medium risk Low risk I don't know / I prefer not to answer
Risky Inside Gym	1 2 3 4	Ahora piensa en el riesgo de contagio. ¿Qué tan riesgoso crees que es ir a un gimnasio cerrado? 1 Riesgo alto 2 Riesgo medio 3 Riesgo bajo 4 No sé / prefiero no responder	Now think about the risk of contagion. How risky do you think it is to go to an indoor gym? High risk Medium risk Low risk I don't know / I prefer not to answer

Variable	Values	Preguntas y Respuestas	Questions and Answers
Start of Block: Behavior			
Visit others	1 2	En los últimos 7 días, ¿tú o alguien en tu hogar realizaron alguna de las siguientes actividades? Asistir a una reunión o fiesta con más de 10 personas Sí No	In the last 7 days, did you or someone in your household perform any of the following activities? Attend a meeting or party with more than 10 people Yes No
Attend Party	1 2	En los últimos 7 días, ¿tú o alguien en tu hogar realizaron alguna de las siguientes actividades? Visitar a parientes o amigos en su casa. Sí No	In the last 7 days, did you or someone in your household perform any of the following activities? Visit relatives or friends at home Yes No
Distance Peers	5 6	Pensando en tus vecinos y conocidos, ¿dirías que en general toman o no toman las siguientes medidas? Mantener sana distancia de otras personas Sí No	Thinking of your neighbors and acquaintances, would you say that in general they do or do not take the following measures? Keep distance with others Yes No
Start of Block: Vignette_Mariana			
high normative / high empirical		Piensa con cuidado en la siguiente situación hipotética: Mariana vive en Sonora y ha venido respetando los lineamientos de salud por la epidemia de Coronavirus. Una amiga cumple años e invitó a Mariana, junto con otros 20 amigos, a asistir a una reunión dentro de su casa. Mariana sabe que sus amigos piensan que no es debido asistir a la reunión y pocos asistirán.	Think carefully about the following hypothetical situation: Mariana lives in Sonora and has been respecting the health guidelines for the Coronavirus epidemic. A friend has a birthday and invited Mariana, along with 20 other friends, to attend a meeting inside her home. Mariana knows that her friends think it is not appropriate to attend the meeting and few will attend.
high normative / low empirical		Piensa con cuidado en la siguiente situación hipotética: Mariana vive en Sonora y ha venido respetando los lineamientos de salud por la epidemia de Coronavirus. Una amiga cumple años e invitó a Mariana, junto con otros 20 amigos, a asistir a una reunión dentro de su casa. Mariana sabe que sus amigos piensan que no es debido asistir a la reunión pero la mayoría asistirá.	Think carefully about the following hypothetical situation: Mariana lives in Sonora and has been respecting the health guidelines for the Coronavirus epidemic. A friend has a birthday and invited Mariana, along with 20 other friends, to attend a meeting inside her home. Mariana knows that her friends think it is not appropriate to attend the meeting but most will attend.
low normative / low empirical		Piensa con cuidado en la siguiente situación hipotética: Mariana vive en Sonora y ha venido respetando los lineamientos de salud por la epidemia de Coronavirus. Una amiga cumple años e invitó a Mariana, junto con otros 20 amigos, a asistir a una reunión dentro de su casa. Mariana sabe que sus amigos piensan que está bien asistir a la reunión y la mayoría asistirá.	Think carefully about the following hypothetical situation: Mariana lives in Sonora and has been respecting the health guidelines for the Coronavirus epidemic. A friend has a birthday and invited Mariana, along with 20 other friends, to attend a meeting inside her home. Mariana knows that her friends think it is okay to attend the meeting and most will attend.
low normative / high empirical		Piensa con cuidado en la siguiente situación hipotética: Mariana vive en Sonora y ha venido respetando los lineamientos de salud por la epidemia de Coronavirus. Una amiga cumple años e invitó a Mariana, junto con otros 20 amigos, a asistir a una reunión dentro de su casa. Mariana sabe que sus amigos piensan que está bien asistir a la reunión pero pocos asistirán.	Think carefully about the following hypothetical situation: Mariana lives in Sonora and has been respecting the health guidelines for the Coronavirus epidemic. A friend has a birthday and invited Mariana, along with 20 other friends, to attend a meeting inside her home. Mariana knows that her friends think it is okay to attend the meeting but few will attend.

Variable	Values	Preguntas y Respuestas	Questions and Answers
Start of Block: Dependent Variables for Survey Experiment			
Vignette Attend		¿Crees que Mariana asistirá a la reunión o no lo hará? 1 Si asistirá 2 No asistirá 4 No sé / prefiero no responder	Do you think Mariana will attend the meeting or will she not? Yes, she will attend No, she will not attend I don't know / I prefer not to answer
Vignette Norm		En tu opinión, ¿Mariana debería o no debería asistir a la reunión? 1 Si debería 2 No debería 4 No sé / prefiero no responder	In your opinion, should Mariana or should she not attend the meeting? Yes, she should attend No, she should not attend I don't know / I prefer not to answer
Start of Block: Follow up invitation			
Follow Up		Muchas gracias por haber completado esta encuesta. Para contribuir a entender la epidemia y reducir el contagio, ¿desearías participar en una breve encuesta de seguimiento en algunas semanas? Como agradecimiento, el Instituto Tecnológico Autónomo de México rifará 2 teléfonos iPhone nuevos de último modelo entre las personas que completen la encuesta de seguimiento. 4 Si 5 No	Thank you very much for completing this survey. To help understand the epidemic and reduce contagion, Would you like to participate in a short follow-up survey in a few weeks? As a thank you, the Instituto Tecnológico Autónomo de México will raffle off 2 new latest-model iPhone phones among the people who complete the follow-up survey. Yes No
Email		Correo electrónico:	Email:
Notas		Recibirás un mensaje de confirmación. El número de WhatsApp del estudio es: 55 8015 1415. ¡Toma nota por favor! Te recordamos que tu información de contacto solamente se usará para fines del estudio, se guardará de manera encriptada y segura, y se borrará cuando termine el estudio.	You will receive a confirmation message. The WhatsApp number of the study is: 55 8015 1415. Please take note! We remind you that your contact information will only be used for study purposes, it will be stored in an encrypted and secure manner, and will be deleted when the study ends.
Recommend		¿Te gustaría ofrecerle la oportunidad de participar en el estudio a amigos o conocidos? Si sí, por favor ingresa una o más direcciones de correo electrónico (opcional)	Would you like to offer friends or acquaintances the opportunity to participate in the study? If yes, please enter one or more email addresses (optional)
Satisfaction		Por último, quisiéramos saber cómo fue tu experiencia con esta encuesta. ¿Qué tan amena te pareció la encuesta? 1 Muy amena 2 Algo amena 5 Ni amena ni aburrida 3 Poco amena 4 Aburrida 6 No sé / prefiero no responder	Finally, we would like to know how was your experience with this survey. How enjoyable did you find the survey? Very enjoyable Somewhat pleasant Neither enjoyable not boring Little pleasant Boring I don't know / I prefer not to answer
Calidad		Por último, te pedimos tu sincera opinión. ¿Nos recomendaría utilizar sus respuestas como parte del estudio? Si por alguna razón no respondiste con cuidado o no leiste las preguntas al responder, por favor selecciona "No utilizar" para evitar afectar la calidad del estudio. No habrá ninguna consecuencia de ningún tipo para ti. 1 Si utilizar 6 No utilizar	Finally, we ask for your honest opinion. Would you recommend using your answers as part of the study? If for any reason you did not answer carefully or did not read the questions when answering, please select "Do not use" to avoid affecting the quality of the study. There will be no consequence of any kind for you. Yes use Do not use

A.1 Recruiting Facebook Ads

Figure A3: Facebook ads in Sonora and Guanajuato



Translation of left ad	Translation of right ad
Inter-American Development Bank	How do you live with Coronavirus in Guanajuato?
We want to hear from Sonorans. Tell us how the coronavirus is affecting you!	Dear Madam[/Sir], we invite you to fill out the Coronavirus Study survey, carried out by the Inter-American Development Bank (IDB), in collaboration with the Secretariat for Sustainable Economic Development of the Government of the State of Guanajuato. Your opinion is very important. it will guide us in the development of effective strategies to strengthen focused actions and adapt to the new reality of Guanajuato in the face of COVID-19.
How is the coronavirus experienced in Sonora?	Thanks in advance for your participation.
Fill out the survey	Start survey
Sonora virus survey	Guanajuato state government
Take part in our survey	