What's the Connection Between a Country's Development and Menstrual Hygiene?

More and more people in Latin America and the Caribbean have water and sanitation.

But many families still lack access to these services.

ISSO AFERTA PRINCIPALMENTE AS MULHERES, EM ESPECIAL DURANTE O PERÍODO MENSTRUAL...

Education: When on their periods, 7 out of every 10 girls in developing countries miss up to 5 days of school, a year due to lack of water and toilets in schools.

Productivity, and as adults, they face the same problem at work leading to absenteeism and reducing incomes.

Health: Due to costs or lack of access to female products, they may end up relying on alternative products which can lead to infections and diseases.

This is not a marginal issue...

Every day, 300 million women and girls have their period. **

And menstruating is an integral part of our lives.

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And these are things we can do about it

Like bringing water and sanitation to more schools, workplaces, and public spaces so girls and women can enjoy privacy.

Facilitate access to soap and hygiene products.

And educate men and women, girls and boys on menstrual hygiene.